Tan Academy of Balance – CAC Mentorship program
Outline & Schedule 2026-9 (Cohort 2)

Applications open June 1, 2026. Early applications due June 21. Regular applications due July 31. *Updated Mar 2026*

With Master Sonia F. Tan, DAOM, RAc, RTCMP, Certified Ba Zi and Feng Shui Consultant
https://tanbalance.com/teaching-schedule/

Chinese Astrology Consultant (CAC)
Certificate Mentorship
with Master & Dr. Sonia F. Tan, DAOM, RAc, RTCMP
(135 hours) PROGRAM FEE: $8,698 + applicable taxes

5% off with early bird registration*. Pay As You Go plan available.
Prerequisites for program entry are below. ***All $ in CAD.***

TAN ACADEMY OF BALANCE

Hybrid attendance available. Attendance is mandatory & live only @ Pacific time.

In-person location in Vancouver, BC

Put on a new lens of empowerment

Imagine making sense of the cycles of the Chinese solar, lunar calendar and constitutional energy and understand how to live in harmony with it. Are you ready to put on a life-long lens of understanding people and life trajectories? Curious on how to apply this to Chinese medicine and Feng Shui? Interested in considering becoming a Chinese Astrology Consultant? You've asked, you've waited, and now Dr. Sonia F. Tan is here to deliver.

This is a Certificate program over 2.5 years. Thus, there will be feedback mechanisms for one's proficiency via assignments and tests. You will be learning how to manage the karmic energy of a person's constitution; hence it is very important you learn how to be both competent, and mindful in how you treat this knowledge. This method of teaching is how Master & Dr. Sonia F. Tan has chosen to ensure the highest integrity for everyone in this unique learning experience. Receive the added benefit of ongoing access and support of Master & Dr. Sonia F. Tan and her metaphysics lineages and experience, coupled with the supportive, live and lifelong learning with a community of like-minded classmates.

PROGRAM MODULES	HOURS OF STUDY	SCHEDULE → all PACIFIC TIME
CAC LEVEL 1 – *Construction*: Bā Zì 八字 and Wǔ Xíng 五行 basic calculation and construction **CAC 101** PRE-REQUISITE: a) Required Pre-Requisite: Learning the Language of Astrology Recorded webinar → www.NetofKnowledge.com b) Completed minimum 1,900-hour education in Chinese medicine. Prerequisites / prior training in Wu Xing is required. Thus, this is best suited to Chinese medicine practitioners. Those trained in other Chinese Metaphysical arts may apply on a case-by-case basis with evidence of relevant Wu Xing education. ***c)*** Submission of written application and acceptance into mentorship.	**TOTAL HOURS: 19** • Lecture: 2 x 6hr + 1 x 4hr =16 hrs total • Study Labs: 3 x 1hr = 3 hrs total • *+ Assignment*	**2026 to 2027: Oct 3 to Jan 13** LECTURES: Sat Oct 3, 2026 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun Oct 4, 2026@ 9:00 am – 1:00 pm Sat Oct 31, 2026 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LABS: all 2:00 – 3:00 pm Wed Nov 25, 2026 Wed Dec 16, 2026 Wed Jan 13, 2027 *+ Assignment due Nov 27, 2026, 5pm*

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CAC LEVEL 2 – *Dynamics*: Understanding Bā Zì 八字 chart harmonies, interactions and clashes **CAC 102** PRE-REQUISITE: CAC LEVEL 1	**TOTAL HOURS: 20** • Lecture: 2 x 6hr + 1 x 4hr =16 hrs total • Study Labs: 1 x 1hr = 1 hrs total • *+ Assignment* • *+ TEST 3 HRS*	**2027: Feb 20 to May 2** LECTURES: Sat Feb 20, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun Feb 21, 2027 @ 9:00 am – 1:00 pm Sat Mar 27, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LAB: all 2:00 – 3:00 pm Wed Apr 21, 2027 *+ TEST: May 2, 2027 at 9am to 12:30pm (incl 30 min break)* *+ Assignment due Apr 23, 2027, 5pm*
CAC LEVEL 3 – *Dive*: Deeper analysis, immersion of Wǔ Xíng 五行 interactions and Shí Shén 十神 introduction **CAC 103** PRE-REQUISITE: CAC LEVELS 1+2	**TOTAL HOURS: 18** • Lecture: 2 x 6hr + 1 x 4hr =16 hrs total • Study Labs: 2 x 1hr = 2 hrs total • *+ Assignment*	**2027: May 15 to Sep 29** LECTURES: Sat May 15, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun May 16, 2027 @ 9:00 am – 1:00 pm Sat Jun 12, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LABS: all 2:00 – 3:00 pm Wed Aug 25, 2027 Wed Sep 29, 2027 *+ Assignment due Jul 9, 2027, 5pm*
CAC LEVEL 4 – *Stars*: Introducing Special Charts & Stars **CAC 104** PRE-REQUISITE: CAC LEVELS 1 + 2 + 3	**TOTAL HOURS: 20** • Lecture: 2 x 6hr + 1 x 4hr =16 hrs total • Study Labs: 2 x 1hr = 2 hrs total • *+ Assignment* • *+ TEST 3 HRS*	**2027 to 2028: Oct 30, 2027 to Jan 12, 2028** LECTURES: Sat Oct 30, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun Oct 31, 2027 @ 9:00 am – 1:00 pm Sat Dec 4, 2027 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LAB: all 2:00 – 3:00 pm Wed Jan 12, 2028 *+ TEST: Jan 23, 2028 at 9am to 12:30pm (incl 30 min break)* *+ Assignment due Dec 31, 2027, 5pm*

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CAC LEVEL 5: *Depth*: Deeper evaluation , cases and life applications **CAC 105** PRE-REQUISITE: CAC LEVELS: 1 + 2 + 3 + 4	**TOTAL HOURS: 17** • Lecture: 2 x 6hr + 1 x 4hr =16 hrs total • Study Labs: 1 x 1hr = 1 hrs total • *+ Assignment*	**2028: Feb 19 to Apr 26** LECTURES: Sat Feb 19, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun Feb 20, 2028 @ 9:00 am – 1:00 pm Sat Apr 1, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LAB: all 2:00 – 3:00 pm Wed Apr 26, 2028 *+ Assignment due Apr 28, 2028, 5pm*
CAC LEVEL 6 – *Integrate*: Immerse further into chart and pillar comparisons and applications **CAC 106** PRE-REQUISITE: CAC LEVELS: 1 + 2 + 3 + 4 + 5	**TOTAL HOURS: 14** • Lecture: 2 x 6hr =12 hrs total • Study Labs: 2 x 1hr = 1 hrs total • *+ Assignment*	**2028: May 6 to Aug 16** LECTURES: Sat May 6, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sun May 7, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) STUDY LABS: all 2:00 – 3:00 pm Wed May 31, 2028 Wed Aug 16, 2028 *+ Assignment due Jun 2, 2028, 5pm*
CAC LEVEL 7 – *Anchor*: Review, refine and anchor all knowledge and feedback with cases, comparisons, Feng Shui and presentations **CAC 107** PRE-REQUISITE: CAC LEVELS: 1 + 2 + 3 + 4 + 5 + 6	**TOTAL HOURS: 23** • Lecture: 2 x 6hr + 1 x 5hr + 1 x 4hr =21 hrs total • Study Labs: 2 x 1hr = 1 hrs total • ***+ PRESENTATIONS*** • *+ Assignment* • ***+ FINAL COMPREHENSIVE EXAM***	**2028 to 2029: Sep 16, 2028 to Jan 20, 2029** LECTURES: Sat Sep 16, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) Sat Sep 30, 2028 @ 9:00 am – 4:00 pm (incl 1 hr lunch) PRESENTATIONS Sun Oct 1 @ 9:00 am – 3:00 pm (incl 1 hr lunch) PRESENTATIONS Jan 20, 2029 @ 9:00 am – 1:00 pm FINAL CLASS STUDY LABS: all 2:00 – 3:00 pm Wed Oct 25, 2028 Wed Dec 13, 2028 ***+ FINAL EXAM: SUNDAY NOV 12, 2028*** *@ 9:00 am to 2:30 pm (incl 30 min break)* *+ Assignment due Dec 31, 2028, 5pm*

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COMPLETION CELEBRATION To qualify for a certificate, students must successfully complete all modules, assignments and clinical hours.	**TOTAL MENTORSHIP HOURS: 125** 113 didactic lecture hours 12 clinical lab hours + tests and exams	**2029: Tentatively Sat, Apr 28** Graduating class celebration. In-person attendance recommended with guest speakers and CEUs awarded. Hybrid option available for graduation ceremony only.

MENTORSHIP PROGRAM PREREQUISITES

REQUIRED:

1) Required Pre-Requisite: Learning the Language of Astrology Recorded webinar → www.NetofKnowledge.com
2) Completed minimum 1,900-hour education in Chinese medicine. Prerequisites / prior training in Wu Xing is required. Thus, this is best suited to Chinese medicine practitioners. Those trained in other Chinese Metaphysical arts may apply on a case-by-case basis with evidence of relevant education.
3) Submission of a written application (due July 31, 2026).

APPLICATION & REGISTRATION

- June 1, 2026: applications open
- June 21, 2026: early bird application deadline
- July 31, 2026: regular application deadline

If your application is approved the TAB admin team will provide instructions for registration and paying your deposit.

ATTENDANCE

- The schedule includes in-class and lab sessions with mandatory live attendance. There are no recordings provided. Please see the schedule above for each level to ensure you are able to meet the scheduled requirements. All times listed are Pacific time.

MASTER & DR. SONIA F. TAN BIOGRAPHY

A second-generation metaphysician, Master Sonia F. Tan is following in the footsteps of her grandfather, the late Woon-Yew Tan. She is licensed and certified in Acupuncture and Chinese medicine since 2006, and

practices in the fields of Traditional Chinese Medicine (TCM), Classical Chinese Medicine (CCM) and Acupuncture, Balance System Acupuncture, Chinese Astrology, Chinese Face Reading, and Classical Feng Shui. She obtained her Doctor of Acupuncture & Oriental Medicine (DAOM) degree in 2016. She has been a Certified Chinese Astrology and Feng Shui Consultant since 2011 from Marlyna Los, and 2012 from Dr. Richard Tehfu Tan in addition being one of his Certified Gold Level Balance Method in 2014 and Senior 16 Student. She has continuous been a professionally Chinese Metaphysics Consultant since 2011.

Sonia explored the fields of Chinese Metaphysics and Martial Arts starting from a young age to find guidance on the challenges in her life. She discovered an abundance of wisdom and enlightenment of body, mind, and spirit. In keeping with the spirit of Chinese Metaphysics, Sonia is happy to continue to help guide people in the ebbs and flows of life, with the wisdom of the Chinese, and the knowledge of nature and the Heavens.

"Your purpose is to discover who your better self is, and bring it to light"

- Sonia F. Tan

PROGRAM HIGHLIGHTS:

- Hybrid attendance options (online and in-person). In-person location in Vancouver, BC, Canada
- One to Two-day weekend formats (Sat - Sun): Two days didactic. Each level over 2-3 days, 12-16 CEUs each level, as well as, monthly 1 hour study labs in between didactic weekends.
- Seven didactic levels.
- Practical / lab hours.
- 135+ hour program. Program length is over 2.5 years. CEU eligible in some regions.
- Certification learning process with tests and assignments for feedback and anchoring of knowledge.
- Growth and understanding via supportive study labs between levels.
- Minimum six and maximum sixteen students per cohort.
- Expert, lineage and Award-winning academic teacher, second-generation metaphysician practitioner, professional astrologer since 2011 with thousands of clients.
- Mentorship span over 2.5 years with support from Master Sonia F. Tan.
- Tuition $8,698 + tax CAD. Payment plan options available: Early Bird Tuition = 5% discount if paid in full. Early Bird deadline August 15, 2026); Pay-as-You-Go (paid over 12 installments) (PAYG).
- Note: Prerequisites / prior training in Wu Xing is required. Thus, this is best suited to Chinese medicine practitioners. Those trained in other Chinese Metaphysical arts with solid Wu Xing training may apply on a case-by-case basis with evidence of relevant Wu Xing education.

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Questions: hello@tanbalance.com

For further information and our Academic Calendar and policies, please visit www.TanBalance.com.

PROGRAM WITHDRAWAL POLICY:

- For mentorship withdrawals submitted in writing 30 days or more before the start of the course, registrants will receive a full tuition refund less the $305 non-refundable registration fee and a $100 admin fee.
- For withdrawals submitted in writing or in person more than 14 days but less than 30 days before the start of the course, registrants will receive a 50% tuition refund, less the $305 non-refundable registration fee and a $100 admin fee.
- Without exception, no refunds will be given for withdrawals less than 14 days before the start of the mentorship, and after the mentorship begins.

NOTE: This mentorship is intended to prepare you to become an *integral, ethical* and *mindful* Certified Chinese Astrology Consultant (CAC) if you so wish, however not required. Advisership hours (post-mentorship/consultancy support where separate fees apply) will be optionally offered by Master Sonia F. Tan. The depths of knowledge and nuances is best to avoid underestimating. This program requires both stamina and commitment. It is strongly advised that students steer clear of taking any other program, long-term courses or major projects at the same time as committing to this mentorship program.