Tan Academy of Balance Inc.

Balance System Acupuncture Practitioner (BSAP) Certificate Mentorship Program

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We are a small private school dedicated to education in Classical Chinese Medicine, Classical Chinese Metaphysics and community support. We focus on small cohort mentorship programs.

FREQUENTLY ASKED QUESTIONS:

Will I walk away from the course with something applicable to my practice after the first session?

Yes! After every level of the program you will walk away with knowledge that you can immediately integrate into your practice. Even the prerequisites of Level 1: Single System Balance and Level 2: Multiple System Balance can be great tools to get started and cover treating all types of pain, sports injuries, headaches as well as internal medicine programs such as digestion, hormones and inflammation.

The Certificate Mentorship program are the advanced levels of Balance Acupuncture and designed to give you the confidence and anchor your knowledge going back to your practice and utilizing right away! It's there for deeper and supported learning, cases, hands-on work, feedback and systematic building. The month in between the modules allows time for students to utilize their new techniques before starting the next level. The Mentorship also provides support between Levels with an online monthly Study Lab. Each time we meet there will be an opportunity for students to present their questions, cases, challenges and success stories.

Shīfu S.F. Tan and her Certified BSA Teachers with the Tan Academy of Balance (TAB) teach, in a clear, systematic way so that students know how to build a treatment plan using the strategies taught. Some examples are:

- Customization, Refinement & Clinical Pearls Experience tips → this is the golden

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nugget for practitioners who have been practicing Balance but haven't studied with Shīfu S.F. Tan and her team before. It takes treatments to another level
- There is breathing room in class to ensure students really absorb and understand the advanced concepts so they know how to apply them.
- Study Labs and test anchor one's knowledge and provide clear feedback to fill any gaps.

What sort of conditions will we learn to treat using Balance System Acupuncture (BSA)? What sort of impact will this course have on my practice?

The most important thing to understand about learning Balance System Acupuncture is that it will provide you with an entirely new understanding of how to practice acupuncture. You will be given a logical framework that will guide you to an appropriate treatment for a wide variety of conditions. You will learn tools that will serve you well regardless of your area of focus. Pain, sports injuries, emotional issues, digestion, hormones, dermatology can all be addressed using Balance System Acupuncture. The step by step problem solving strategies presented in this course will help you feel confident in choosing point protocols.

Will there be a hands on/needling component to the course or will it be mostly theory?

The course will primarily be theory based with online delivery options with practical anchored at the end. Classes will consist of teaching and grand rounds discussions about case studies. There is time allocated to method specific acupoint location and needling within the system, palpation and needling techniques, finding lesser known and new points, etc. This is covered in the prerequisite Level 2, and covered again in the last weekend, Level 8 that will include new points covered during the program. The vast majority of points discussed in the program will already be known to anyone licensed to practice acupuncture. If you enter the program via the webinars without the practical component, you may optionally attend a second practicum day, or cover it at the last weekend of practical evaluations. Thus, there is a minimum of 1 scheduled practicum weekend classes and if you take the BSA Foundations in person, you will

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receive 2 in-person practicum lessons.

What is the expectation for out of class study time?

This will vary from student to student, but will most likely amount to a few hours a month to prepare for each of the module exams. Students should plan to immediately integrate what they learn in each module into their practices to fast track their understanding.

How many case studies will each student need to present over the course of the program?

Over the course of the program students will be required to present 1-2 cases from their own practice.

When will the tests occur?

Test will occur via an online format approximately two weeks after most Levels.

Will practitioners with some Balance System/Method background be able to challenge the earlier modules and join the program only for the more advanced modules?

Yes! Practitioners with some background in the Balance Method/System will be able to challenge the exams from earlier modules (Levels 1+2). If they pass the exams they will be able to enroll in the more advanced modules (the Mentorship). (See the below for Equivalency Test info). In fact, we have several people that have joined the program having taken several levels of Balance Method before, and they decide to take the program to fill their gaps, deepen their knowledge and connect with fellow colleagues in the community. The Certificate mentorship program builds each level in a systematic fashion of learning. They've all found the program beneficial.

What are the options in terms of a payment plan?

For those who register for the full program before the designated deadline, there is an early-bird discount available. The alternative payment plan is a Pay-as-You-Go (PaYG) which is due two weeks prior to the start of each level. A non-refundable $305 + tax deposit secures your spot.

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Will the Program be eligible for student loans?

Unfortunately not. However, you can write the tuition off as a practice/business expense for professional development and after each Level, you will receive a CEU certificate of completion for the hours covered.

Do I need to complete all the modules within a year? What if something comes up and I can't attend a module?

Ideally students would complete all certificate levels consecutively, however we understand that sometimes unexpected circumstances can arise. With special permission from the instructor and the program coordinator, consideration may be given for exceptions provided there is a viable plan for completion. Most likely, the student would have to leave the Cohort and re-join at the next Cohort, as many of the levels are dependent on learning the previous level. Students will need to complete all levels within 3 years to be eligible for certification.

Are there any prerequisites?

Yes. Everyone needs to have taken the Foundations of Balance Acupuncture which are Level 1: Single System balancing & Level 2: Multiple/Global System balancing. This is the base of getting a good clinical start in practice, and what all the Advanced levels of Balance Acupuncture build on. You can take them via:

- A live in-person with Dr. Sonia F. Tan, DAOM.
    - This could be through our school the Tan Academy of Balance Inc. or from another host providerprovide the full seminar, where Dr. Sonia Tan is the speaker.
    - The live seminars include practical hands-on work and feedback
    - The live seminars taken with Tan Academy of Balance also include (optional) practical evaluations
- The recorded webinars of Dr. Sonia F. Tan, DAOM.
    - These are provided by Net of Knowledge or AcuPro Academy on Dr. Sonia F. Tan's teacher page here.

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- You may have taken this in the past with Dashi R.Tan (Grandmaster R.Tan) - Dr. Richard TF Tan. It's important to know that this has been refined by Dr. Sonia F. Tan and her conversations with Da Shi Tan, and getting updated or demonstrating equivalent knowledge is required before entering the advanced Certificate mentorship program. We highly recommend you take the recorded webinars as indicated above. Either way, you would need to verify your competency of the content and update language, and sit for the Equivalency Exams for Levels 1+2 with submit your proof of competition of the courses prior to sitting for the exam to our office. See the below for more info.

I would like to take the equivalency test. How do I do that?

(1) Apply by emailing the Tan Academy of Balance Inc (TAB) administrator Alex at hello@tanbalance.com with your proof of equivalency course completion (BSA Foundations Levels 1 & 2) to assess your academic qualification.

(2) If approved, you will receive the next steps to follow in order to register for the equivalency tests. **Please make note of the dates of the equivalency tests, and apply minimum 3 weeks prior to the date.**

Feel free to email us if you have any further questions or ask one of the Team Leaders on the Tan Balance Hub!

- The TAB team.

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