Tan Academy of Balance Inc - BSAP Certificate Mentorship program

Outline & Schedule 2026-7 (Cohort 7)

Applications open June 1, 2026. Early applications due June 21. Regular application due July 31. *Updated May 2026*

With the Tan Academy of Balance Certified BSA Teachers instructional team

For any updates visit https://tanbalance.com/teaching-schedule/

BALANCE SYSTEM ACUPUNCTURE PRACTITIONER (BSAP)

CERTIFICATE MENTORSHIP (87 hours) PROGRAM FEE: $4,190 CAD

5% off with early bird registration*. Pay As You Go plan available. ALL $ IN CAD

Prerequisites for program entry are below.

TAN ACADEMY OF BALANCE

Hybrid instructional delivery and attendance available for <u>most</u> levels. Live attendance is required.

Based on a long lineage of ancient, authentic teachings of Classical Chinese medicine and applied channel theory, the BSA Practitioner (BSAP) program brings acupuncture to life, including all advanced levels of Balance System Acupuncture (3-9) in addition to Grand Rounds classes that include cases, adjunct topics, and guest lecturers. The program dives deep into the exploration of advanced Balance System Acupuncture strategies to effectively deliver more immediate, lasting results. The program builds on the content of the Balance Method as taught by Dàshī 大师/大師 Dr. Richard Teh-fu Tan to Shīfu 师父/師父 Dr. Sonia F. Tan and incorporates her experience as an academic teacher and clinician applying the Balance Method. Evolved teaching methods plus hands-on demos, case work, feedback mechanisms, adjunct topics and multiple case studies are incorporated into the course.

We are delighted to share that the BSAP Mentorship Program is entering a meaningful new chapter in its lineage and growth. As the Tan Academy of Balance continues to expand, **Shīfu 师父/師父 Dr. Sonia F. Tan is passing forward the teachings of the Balance System Acupuncture lineage to a new generation of trusted educators who embody the depth, integrity, and spirit of her work.**

For the 2026–2027 BSAP Cohort 7, leadership of the program will be taken up by Shīfu Tan's personally selected and long-time Head Teaching Assistant, **Lǎoshī 老师/老師 Suzanne Williams, MBA, RAc, RTCMP**. After years working closely alongside Shīfu Sonia F. Tan, and demonstrating exceptional skill, insight, and dedication to the lineage, **Suzanne Lǎoshī now steps forward as Lead BSA Teacher with Shīfu Tan's full confidence and blessing.** Shīfu Dr. Sonia F. Tan will remain as the Chief Academic Officer, mentoring and advising the Certified BSA Teachers and all students. Dr. Howard Chen, MD, MAc, continues to be the Lead Grand Rounds Instructor.

This evolution represents more than a continuation — it reflects the living, growing lineage of the Tan Academy of Balance. **Under Suzanne Lǎoshī's leadership and the dedicated support of the Certified BSA Teachers and TAB staff,** students will benefit from applied learning, structured feedback and testing, plus adjunct learning with Grand Round case analysis and **Guest Speakers including Shīfu Dr. Sonia F. Tan herself**! The same supportive environment that has defined Shīfu Dr. Tan's teaching will remain, and students will gain deeper confidence and competency in Classical Acupuncture. The BSAP Mentorship remains a transformative journey, now carried forward by the next generation of lineage-bearers, guided by Shīfu Dr. Tan's vision and tradition.

CERTIFICATE PROGRAM LEVELS & PREREQUISITES	HOURS OF STUDY	SCHEDULE → all PACIFIC TIME
BSA LEVEL 2.5 – Review and Refinement **BSAP125** PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent+ **+** **BSA LEVEL 3 - Channel Conversion** **BSAP103** PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent+ ***~ Online attendance available.*** ***Recommended to attend this kick-off weekend in-person if possible.***	**TOTAL HOURS: 19** • Lecture: 14 hrs (1 x 4hr, 1 x 7 hr + 1 x 3 hr day) • Clinical Grand Rounds: 4 hrs • *Study Lab: 1 hr* • Test: 1.5 hr	**2026: Sep 11 to Oct 4** LECTURES: Fri + Sat + Sun, Sep 11, 12 + 13 Fri @ 1:00 pm – 5:00 pm Sat + Sun @ 9:00 am - 5:00 pm (incl 1 hr lunch) GRAND ROUNDS: Sun, Sep 13 1:00 - 5:00 pm *Study Lab (**online**):* ***Mon**, Sep 28, 1:00 pm - 2:00 pm* TEST (***online***): Sun, Oct 4, 9:00 - 10:30 am

***Early Bird payment due August 15, 2026** **^May be taken as a refresher with permission.** **+ Equivalency options on Page 4 of this document**

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BSA LEVEL 4 - The Twelve Meridian System **BSAP104** PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent+ ***~ Online attendance available.***	**TOTAL HOURS: 12** • Lecture: 7 hrs • Clinical: 4 hrs + case assignment • *Study Lab: 1 hr* • Test: 1.5 hr	**2026: Oct 17 to and Nov 1** LECTURE: Sat, Oct 17 9:00 am - 5:00 pm (incl 1hr lunch) GRAND ROUNDS: Sun, Oct 18 9:00 am to 1:00 pm *Study Lab (**online**):* ***Mon,** Oct 26, 1:00 pm - 2:00 pm* TEST (***online***): Sun, Nov 1, 9:00 - 10:30 am
BSA LEVEL 5 - The Five Phases System **BSAP105** PRE-REQUISITE: Single, Multiple Systems & Channel Conversion (BSA 1, 2, 3) ***~ Online attendance available.***	**TOTAL HOURS: 13** • Lecture: 7 hrs • Clinical: 4 hrs • *Study Lab: 2 hrs* • *+ Assignment* • Test: 1.5 hr	**2026: Nov 21 to Dec 6** LECTURE: Sat, Nov 21 9:00am - 5:00pm (incl 1hr lunch) GRAND ROUNDS: Sun, Nov 22 9:00 am - 1:00 pm *Study Lab **(online):*** ***Mon**, Nov 30, 1:00 pm - 2:00 pm* ***Mid-program Study Lab (online):*** ***Mon** Dec 28, 2026, 1:00 pm – 2:00 pm* TEST (***online***): Sun, Dec 6, 9:00 - 10:30am
BSA LEVEL 6 - Balance in the Seasons **BSAP106** PRE-REQUISITE: Single, Multiple Systems & Channel-Conversion (BSA 1, 2, 3) ***~ Online attendance available.***	**TOTAL HOURS: 12** • Lecture: 7 hrs • Clinical: 4 hrs + case assignment • *Study Lab: 1 hr* • Test: 1.5 hr	**2027: Jan 9 to Jan 31** LECTURE: Sat, Jan 9 9:00 am - 5:00 pm (incl 1hr lunch) GRAND ROUNDS: Sun, Jan 10 9:00 am - 1:00 pm *Study Lab **(online):*** ***Mon**, Jan 25, 2026, 1:00 pm - 2:00 pm* TEST (***online***): Sun, Jan 31, 9:00 – 10:30 am
BSA LEVEL 7 - Combinations and Cases **BSAP107** PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6 ***~ Online attendance available.***	**TOTAL HOURS: 11** • Lecture: 7 hrs • Clinical: 4hrs • *NO Study Lab* • *NO Exam*	**2027: Feb 13 to Feb 14** LECTURE: Sat, Feb 13 9:00 am - 5:00 pm (incl 1hr lunch) GRAND ROUNDS: Sun, Feb 14 9:00 am - 1:00 pm

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BSA LEVEL 8 - Cases, Review and Practicum **BSAP108** PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7 ***All students MUST attend in person***	**TOTAL HOURS: 11** • Didactic 2hrs + Clinical Evaluation: 4 hrs • Practical Evaluation: 4 hrs • *Study Lab: 1 hr* • Exam: NO written exam. Practical evaluation only.	**2027: Mar 13 to 14** LECTURE + CLINIC: Sat, Mar 13 9:00 am - 4:00 pm (incl 1hr lunch) PRACTICAL EVALUATIONS: Sun, Mar 14 9:00 am - 1:00 pm *Study Lab* ***(online):*** Last before Final = ***Mon****, Mar 22, 1:00pm-2:00pm*
BSA LEVEL 9 - FINAL EXAM **BSAP109** PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7, 8 ***~ Online attendance.***	**TOTAL HOURS: 4** • **REQUIRED** Study Lab: 1hr • Clinical: 0 • **Exam**: 3 hrs • REQUIRED REVIEW OF FINAL: 0.5 hr individual session	**2027: Mar 28 to Apr 12** FINAL COMPREHENSIVE EXAM: Sun, Mar 28, 2027 9:00 am - 12:30 pm (incl. 30 min break) REQUIRED REVIEW OF FINAL EXAM: **Mon**, Apr 12 → individual 30-minute session at 9:00 am to 2:00 pm
COMPLETION CELEBRATION To qualify for a certificate, students must successfully complete of BSA levels 3 to 8, Level 9 final exam and all practicum and grand round clinical hours.	**TOTAL CERTIFICATE HOURS: 87** • 44 lecture hours • 20 clinical grand round hours • 8 practical hours • 6 lab hours • 9 exam hours	**2027: Tentative Sat, Apr 24** Graduating class celebration. In-person attendance recommended with guest speakers, CEUs and Official Certificate awarded. Hybrid option available.

CERTIFICATE PROGRAM PREREQUISITES

REQUIRED:

Completion of BSA (Balance System Acupuncture) Foundations OR an equivalent course, plus the BSA Foundations equivalency exam

1) **BSA FOUNDATIONS: Levels 1+2 Single & Multiple Systems BSAP1100 (or equivalent)**

   This 21-hour course (or equivalent) is a required prerequisite for entry into the BSA Certificate Program.

   This course provides the knowledge and skills of the basic Foundations of Balance System Acupuncture (BSA), including Level 1: Single System Balance and Level 2: Multiple/Global System Balance. Course includes hands-on practical work and must be attended in person. Dates/fees shown below.

   Eligibility/entry requirement: All health care professionals who have completed a minimum 250 hours accredited acupuncture program and who are legally permitted/licensed to practice acupuncture in their jurisdiction.

2) **BSA Foundations EQUIVALENCY EXAMS (Level 1 & 2)**

   All students, including those who have taken BSA Level 1 and Level 2, must pass the equivalency exam for entry into the Certificate Program. Dates/fees shown below.

3) **BSA PROGRAM APPLICATION**

   We endeavor to curate a Cohort in conjunction with our space limitation. Applications of each student are required by the deadline for entry into the Certificate Program. Dates are outlined below under the Application & Registration section.

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SCHEDULE OF PREREQUISITE AND EQUIVALENCY COURSES View registration options at www.TanBalance.com or email hello@tanbalance.com		
BSA Foundations: **Levels 1+2 Single & Multiple Systems** **BSAP100** **LIVE, IN PERSON ATTENDANCE ONLY** **NO RECORDING** PRE-REQUISITES: Health care providers who have completed a minimum 250 hrs accredited Acupuncture Program and are legally permitted/licensed to practice acupuncture in their jurisdiction.	**Dates and Times:** Fri, Feb 27 to Sun Mar 1, 2026 9:00 am - 5:00 pm each day (incl 1hr lunch) Vancouver, BC, Canada TOTAL HOURS: 21	**Course Fee:** $898 ***ALL $ IN CAD*** **Early Bird:** $768
BSA Level 1 Equivalency Exam **BSAP101** PRE-REQUISITE: BSA Level 1 Single Systems or equivalent	**Dates and Times: Sun 9:00am** Sun May 3, 2026 OR Sun Aug 16, 2026 1.5hrs ***~Online***	**Exam Fee:** $315 for both exams TOTAL HOURS: 1.5hrs per exam with a 30 min break between exams.
BSA Level 2 Equivalency Exam **BSAP102** PRE-REQUISITE: BSA Level 2 Multiple Systems or equivalent	**Dates and Times: Sun 11:00am** Sun May 3, 2026 OR Sun Aug 16, 2026 1.5hrs ***~Online***	

+Equivalency options (for Single Systems Level 1 and Multiple Systems Level 2:

1. Completion of previous Langara College BSAP1101 and BSAP1102 including exams and practical evaluation, OR
2. Completion of a live in-person BSA Foundations course offered by the Tan Academy of Balance Inc or other institution*, **plus** BSA Level 1 and Level 2 equivalency exams (see dates on previous page), OR
3. Completion of Tan Academy of Balance online webinar Level 1 & 2 * via www.NetofKnowledge.com, or AcuProAcademy.ca **plus** BSA Level 1 and Level 2 equivalency exams (see dates on previous page).

Note: All equivalency options must include approved practice work.

*** Students who have completed an approved program who wish to complete the equivalency exam and practical for credit, must email hello@tanbalance.com for entry approval. Visit www.TanBalance.com for other live BSA Foundations offerings.**

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APPLICATION & REGISTRATION

- June 1, 2026: Applications open
- June 21, 2026: Early bird application deadline
- July 31, 2026: Regular application deadline

If your application is approved the TAB admin team will provide instructions for registration and paying your deposit.

ATTENDANCE

- The schedule includes hybrid attendance (in class or online) options unless indicated. Some portions of the program must be attended in person. Please see the schedule above for each module to ensure you understand in-person attendance requirements. Classes are NOT recorded.
- Students must complete practical hours in a clinical setting at Tan Academy of Balance Inc. They must be available for an in-person practical evaluation session to be eligible to pass the practical portion of the program.

HISTORY OF BALANCE SYSTEM ACUPUNCTURE

First discovered by Dr. Chao Chen in the classic Chinese medicine texts from over 2,000 years ago. Dr. Chao Chen published a book on this method and began to teach it in the 1970's. Refined by Dr. Richard Tehfu Tan into a systematic and logical approach, "The Balance Method," as it is originally known, became popular under his guidance, experience, and further development. Balance System Acupuncture is based on Dr. Sonia F. Tan's deeper and more refined way of using Channel Theory-based acupuncture. Dr. Sonia F. Tan, a certified Gold level practitioner of Dr. Richard Tan and one of his senior students, received Dr. Richard Tan's blessing to continue this legacy and style of acupuncture, with her added improvements to the method that are grounded in her clinical and teaching experience. For further information please visit www.TanBalance.com.

PROGRAM HIGHLIGHTS:

- Hybrid learning options: students may choose live online (no recordings) or in-person attendance for Levels 3-7. ***ONLY mandatory in-person attendance is for Level 8: Review and Practicum**
- Two-day (Saturday + Sunday) weekend format for most modules. Typical hours are: seven hours on Saturday (9:00 am - 5:00 pm including one hour lunch; four hours on Sunday (9:00 am - 1:00 pm) focused on Grand Rounds via the lead instructor video conference.
- Team taught with Guest Speakers, offering diverse lectures, experience and support.
- Feedback via assignments, testing and labs that support confidence and competency, with time between Levels for practice and study. Minimum passing grade is 70% for each level.
- 10 month program including prerequisites.
- Eligible for up to 60 CEU hours. (NO California eligibility at this time. NCCAOM *may* provide credit via "Non-certified provider" category).
- Entry: completion of a min 250-hour acupuncture program and legally able to practice acupuncture in your jurisdiction to ensure all students have a basic foundation in acupuncture. *(e.g. understand channel pathway flow, location of acupuncture points, general functions of channels and acupoints, special category acupoints, etc.)*

Questions: hello@tanbalance.com

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PROGRAM WITHDRAWAL POLICY:

- For withdrawals submitted in writing 30 days or more before the start of the course, registrants will receive a refund for any tuition paid less the $305 non-refundable deposit registration fee and a $100 admin fee.
- For withdrawals submitted in writing or in person more than 14 days but less than 30 days before the start of the course, registrants will receive a refund for 50% of tuition paid, less the $305 non-refundable registration fee and a $100 admin fee.
- Without exception, no refunds will be given for withdrawal requests received less than 14 days before the start of the mentorship, or after the mentorship begins.

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