



TAN ACADEMY  
OF BALANCE

# Academic Calendar 2025 - 2027



## Current Mentorships

- Certified Balance System Acupuncture (BSA)
- Eight Extraordinary Vessels & Channels (8EVC)
- Certified Chinese Astrology Consultant (CAC)

All mentorships require a written application and possible interview with Dr. S.F.Tan and her Teaching Assistant.

Inquire at [hello@tanbalance.com](mailto:hello@tanbalance.com)

CEUs are eligible in many jurisdictions. We currently do not offer NCCAOM or CA CEUs (USA). If there is sufficient demand, this may be provided. If so, those students would have to pay a surcharge of ~\$1,300 CAD per person, per mentorship. For other countries, please inquire.

About  
Tan Academy  
of Balance



INSPIRING CONFIDENCE  
CREATING BALANCE  
MOTIVATING EVOLUTION

Based on a long lineage of ancient, authentic teachings, the Tan Academy of Balance Inc is passionate about education in the Three Essences of Balance: Astrology, Feng Shui and Classical Chinese medicine.

The Acupuncture focus is Channel Theory, particularly Balance Method, a highly specialized area of Acupuncture known for its instant and efficient results.

Offering small cohort mentorships with lectures, demonstrations, and hands-on practical training to enhance patient outcomes and elevate practitioner results in the Three Essences of Balance.

Learn more at  
[www.tanbalance.com](http://www.tanbalance.com)



## Balance System Acupuncture Practitioner (BSAP) Certificate Mentorship Program

Based on a long lineage of ancient, authentic teachings of Classical Chinese medicine and applied channel theory, the BSA program brings acupuncture to life, including all advanced levels of Balance Acupuncture (3-9) and Grand Rounds classes of cases, adjunct topics, and guest lecturers. This 80-hour program dives deep in exploring the advanced Balance Acupuncture strategies to effectively deliver more immediate, lasting results. The program takes the content of the Balance Method as taught by Dr. Richard Teh-fu Tan to Dr. Sonia F. Tan, and incorporates her experience as an academic teacher and clinician of the Balance Method. Dr. Sonia Tan's evolution of the program is team taught, with refined methods of teaching as well as hands-on demos, case work, feedback mechanisms, adjunct topics and multiple case studies are incorporated into the learning.

Certified BSA Teachers, Guest speakers and Teaching Assistants are part of the faculty. Moreover, students will have increased confidence in their competency, with their learning applied in a feedback and testing environment. This program goes beyond a typical continuing education unit course to further deepen your understanding and application, generating confidence!

### FORMAT & DETAILS:

- Hybrid delivery: live online (no recordings) or in-person attendance for Advanced Levels 3-7. \*Mandatory in-person attendance is ONLY for Level 8: Cases, Review, and Practicum.
- Most levels taught over 1.5 days – Saturday and Sunday. Typically 7 hours + lunch on Saturday and 4 hours on Sunday. Sunday is focused on grand rounds with the lead instructor.
- Team taught with guest speakers, offering diverse experience and support.
- Feedback via assignments, testing and study labs that support confidence and competency, with time between levels for practice and study.
- 10 month program including prerequisites.
- Total program hours: 80 hours over 7 months, CEU eligible\*\*. Additional learning hours include the study labs between levels.
- Tuition \$3,600 + tax CAD. Payment plans available: Early Bird (5% discount) and Pay-as-You-Go (PaYG).

### REQUIRED PREREQUISITES:

- Minimum 250-hour acupuncture program and legally able to practice acupuncture to ensure basic foundations (channel pathways, acupuncture point locations, general functions of channels and acupoints, special category acupoints, etc.)
- BSA Foundations Level 1 + Level 2 OR equivalent course completion
- BSA Equivalency Exams (May 4 & Aug 17, 2025; May 3 & Aug 16, 2026)



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### **RECOMMENDED PREREQUISITES:**

- BSA Foundations Practical or Practical Refresher Course

### **Cohort 6 CURRICULUM & PROGRAM DATES:**

- Level 3 – CHANNEL CONVERSION: Sept 13+14/25; Study Lab Sept 28/25; Exam Oct 5/25.
- Level 4 – TWELVE MERIDIAN SYSTEM: Oct 18+19/25; Study Lab Oct 26/25; Exam Nov 2/25.
- Level 5 – FIVE BEHAVIOURS SYSTEM: Nov 15+16/25; Study Lab Nov 30/25; Exam Dec 7/25)
- Level 6 – BALANCE IN THE SEASONS: Jan 10+11/26); Study Lab Jan 18/26; Exam Jan 25/26)
- Level 7 – COMBINATIONS AND CASES: Feb 14+15/26); No Study Lab, No Exam.
- Level 8 – CASES, REVIEW, AND PRACTICUM: Mar 14+15/26) → \*\*\*In-person attendance mandatory\*\*\*; No Study Lab, No Exam.
- Level 9 – FINAL EXAM: Mar 29/26); \*\*\*Required Study Lab Mar 22/26\*\*\*; \*\*\*Required review of final Apr 13, 2026\*\*\*
- Celebration day – Apr 25, 2026

For more information on each of the levels, and training/certification [here](#).



## Eight Extraordinary Vessels & Channels (8EVC) In-Person Mentorship with Dr. Yvonne Farrell, DAOM, LAc

This 144-hour mentorship is designed to offer participants an understanding of how each aspect of the channel system can be used to help patients overcome psycho-emotional pain and suffering. Dive deep into the pathophysiology, mental, emotional, and spiritual aspects of the Eight Extraordinary Vessels & Complementary Channels in this in-person only, unique learning experience. With over 3 times the amount of content compared to Dr. Farrell's online mentorships, experience the added benefit of a supportive, live learning experience, with hands-on clinic time and a community of like-minded cohorts.

Participants will experience a deeper perspective on the Sinew channels, Luo-collaterals, Primary channels and Divergent meridians as avenues for self-preservation through the creation of latency. The study of the archetypal nature of the 8 extras will provide context for the impact of constitution, personality and curriculum on psycho-emotional disorders. Participants deepen their capacity to create therapeutic relationships, develop compassionate detachment and establish healthy and appropriate boundaries.

### FORMAT & DETAILS:

- **ALL modules in-person delivery only in Vancouver, BC, Canada.**
- Each module over three days, 8 CEU hours per day: two days didactic, one day clinical/practical.
- Min six, max eight students. License to practice acupuncture required.
- Total program hours: 144, 1.5 years total, CEU eligible\*\*.
- Tuition \$6,750 + tax CAD - Payment plans available: Early Bird (5% discount) and Pay-as-You-Go (PaYG).
- **1-hour online Study Labs are also available between Modules, dates TBD.**

### (Current) Cohort 2 CURRICULUM & PROGRAM DATES:

- Module 3 - EARTH SCHOOL+PRIMARY CHANNELS: Apr 25-27, 2025
- Module 4 - DIVERGENTS: Jul 25-27, 2025
- Module 5 - EVC: 4 SEAS: Oct 24-26, 2025
- Module 6 - EVC: 4 TRANSPORTERS: Jan 23-25, 2026
- Celebration Day - Apr 25, 2026

### CURRICULUM & Cohort 3 PROGRAM DATES:

- Module 1 - SINEWS: Oct 23-25, 2026
- Module 2 - LUO: Jan 22-24, 2027
- Module 3 - EARTH SCHOOL+PRIMARY CHANNELS: Apr 23-25, 2027
- Module 4 - DIVERGENTS: Jul 23-25, 2027
- Module 5 - EVC: 4 SEAS: Oct 22-24, 2027
- Module 6 - EVC: 4 TRANSPORTERS: Jan 28-30, 2028
- Celebration Day - April 22, 2028



## Certified Astrology Consultant (CAC) Mentorship with Dr. Sonia F. Tan, DAOM, RAc, RTCMP

Put on a new lens of empowerment and life-long lens of understanding people and life trajectories. Understand constitutional energy and life balance at a whole new level. Make sense of the cycles of the Chinese solar, lunar calendar, constitutional energy, and how to live in harmony with it. Understand the Ba Zi / Four Pillars of Destiny style of analysis while developing deeper insight of the Gan Zhi and the Five Phases. Analyze and formulate ways to incorporate recommendations, strategies and life balance.

This 123+ hour certificate program spans 3 years, providing feedback mechanisms for proficiency via assignments and tests. Learn how to manage the karmic energy of a client's constitution with proven competency and mindfulness in how to treat this knowledge. Dr. Sonia F. Tan has chosen this method of teaching to ensure the highest integrity for students when they practice what they have learned.

### FORMAT & DETAILS:

- Hybrid online and in-person delivery.
- Most didactic levels held over 2 to 4 days, 8 to 14 CEUs each weekend. Spans 3 years including didactic +, apprenticeship/practicum.
- Additional learning through one hour Study Labs between levels.
- Total program hours: 123+ CEUs. CEU eligible\*\*.
- Feedback via assignments and tests.
- Maximum eight students per cohort.
- Tuition \$7,899 + GST CAD - Payment plans available: Early Bird (5% discount) and Pay-as-You-Go (PaYG).
- Four-year commitment involving competency assessments including assignments, case presentations, testing and practicums/apprenticeship.

### REQUIRED PREREQUISITES:

- Completion of Introduction to Chinese Astrology webinar (Net of Knowledge)
- Written Application (Dates available + deadline TBD).



## Certified Astrology Consultant (CAC) Mentorship with Dr. Sonia F. Tan, DAOM, RAc, RTCMP

Put on a new lens of empowerment and life-long lens of understanding people and life trajectories. Understand constitutional energy and life balance at a whole new level. Make sense of the cycles of the Chinese solar, lunar calendar, constitutional energy, and how to live in harmony with it. Understand Ba Zi / Four Pillars of Destiny and Zi Wei Dou Shu styles while developing deeper insight of the Gan Zhi and the Five Phases. Analyze and formulate ways to incorporate recommendations, strategies and life balance.

This 123+ hour certificate program spans 3 years, providing feedback mechanisms for one's proficiency via assignments and tests. Learn how to manage the karmic energy of a client's constitution, with proven competency and mindfulness in how to treat this knowledge. This method of teaching is how Dr. Sonia F. Tan has chosen to ensure the highest integrity for everyone in practice.

### (Current) Cohort 1 CURRICULUM & PROGRAM DATES:

- Level 4 – STARS (Jun 15-16/24)
- Level 5 – INTEGRATE (Oct 26-27/24)
- Level 6 – DEPTH (Dec 7/24 + Feb 23/25)
- Level 7 – ANCHOR (June 14/25)
- FINAL EXAM – Aug or Sept/25
- + Monthly one hour study labs between levels.
- Celebration Day – April 25, 2026

### Cohort 2 CURRICULUM & PROGRAM DATES - TBD

- Level 1 – CONSTRUCTION
- Level 2 – DYNAMICS
- Level 3 – DIVE
- Level 4 – STARS
- Level 5 – INTEGRATE
- Level 6 – DEPTH
- Level 7 – ANCHOR
- + Monthly one hour study labs between levels.
- Final exam
- Celebration Day – April 2029





## Payment Plans Available

Early-Bird (5% Discount) PaYG (Pay-as-You-Go, due 2 weeks prior)



## Tan Academy of Balance Inc - Policies

*\*All mentorships require written applications\**

**COMMUNICATION POLICY:** Every mentorship student is required to download and use the Tan Balance Hub app to communicate with their cohort and the teaching team. This is available on Apple and Android phones and can also be used on a Browser (with limited function). The app is used as our main communication tool for the mentorship and their Cohort. All students will receive a coupon for 90% off the annual cost of the initial year's subscription. Subsequent years are \$9.99 USD a year (subject to change) and include one practice listing, access to member-only Learning Lab videos, a line of communication to the teaching team and a like-minded community beyond formal course work!

**ATTENDANCE POLICY:** For all programs, students must attend 90% of each level/module taught. See program-specific syllabus for details. Sessions will *not* be recorded as participating in the energetic exchange and transmission of information from teacher to student is an invaluable intended purpose. Teaching and learning while live and present enhances this and provides the best experience for teacher-student exchange.

**MISSED TEST POLICY:** If a student is unable to make a scheduled test due to reasonable cause, the student may write on an alternate test date with instructor approval. The student is responsible for arranging an alternate date with their instructor(s) and must pay a fee of \$175.00 CAD.

**REGISTRATION:** For most programs, following the acceptance of a written application and interview a student can secure their seat by paying a non-refundable deposit. This deposit goes toward their tuition. Inquire with the Registrar for your specific program requirement.

**WITHDRAWAL POLICY:** For mentorship withdrawals submitted in writing 30 days or more before the start of the course, registrants will receive a full tuition refund less a \$300 non-refundable registration fee and a \$100 admin fee. For withdrawals submitted in writing or in person more than 14 days but less than 30 days before the start of the course, registrants will receive a 50% tuition refund, less a \$300 non-refundable registration fee and a \$100 admin fee. Without exception, no refunds will be given for withdrawals less than 14 days before the start of the mentorship, and after the mentorship begins.

For more program information see [www.tanbalance.com](http://www.tanbalance.com),  
contact [hello@tanbalance.com](mailto:hello@tanbalance.com), and [subscribe](#) to our newsletter.

Updated March 2025



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Early-Bird (5% Discount) PaYG (Pay-as-You-Go, due 2 weeks prior)



## Tan Academy of Balance Inc - Policies

*\*All mentorships require written applications\**

**\*\*CONTINUING EDUCATION UNITS (CEUs):** CEUs are automatically eligible in many jurisdictions such as Canada, Australia, the UK and parts of Europe. No California eligibility at this time. NCCAOM may be eligible by submitting “from a non-certified NCCAOM provider”. If there is enough demand, California CEUs may be requested, and if successful, a surcharge will be applied and divided amongst those requesting.

**PAY-AS-YOU-GO POLICY (PayG):** This policy outlines the payment structure for students enrolled in our program, ensuring that all fees are paid on time to maintain enrollment and access to program resources. This policy aims to ensure a fair and consistent approach to payment, helping to maintain the quality and sustainability of our program. Thank you for your cooperation!

**Policy Statement:** Students who opt for the pay-as-you-go payment plan are required to adhere to the following terms:

### **Payment Schedule:**

- Payment is due two weeks before each program module, as outlined in the academic calendar.
- Payment reminders will be sent one and two weeks before the due date.

### **Consequences of Late Payment:**

- **Late Payment Fee:** A late fee of \$100 will be applied to any payment not received by the due date.
- **Enrollment Status:** Failure to make payments on time may result in:
  - Temporary suspension from the program.
  - Inability to access program resources or participate in classes.
  - Potential dismissal from the program if payment is not made prior to the start of the applicable module.

**Payment Methods:** Payments can be made via bank transfer or our secure invoice link which accepts most credit cards.

**Acknowledgment:** By opting for pay-as-you-go, students acknowledge their understanding of and agree to this pay-as-you-go policy.

**Review:** This policy will be reviewed annually and may be updated as necessary.

For more program information see [www.tanbalance.com](http://www.tanbalance.com),  
contact [hello@tanbalance.com](mailto:hello@tanbalance.com), and [subscribe](#) to our newsletter.

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