



TAN ACADEMY  
OF BALANCE

# Academic Calendar 2024 - 2026



## Current Mentorships

- Certified Balance System Acupuncture (BSA)
- Eight Extraordinary Vessels & Channels (8EVC)
- Certified Chinese Astrology Consultant (CAC)

All mentorships require a written application and possible interview with Dr. S.F.Tan and her Teaching Assistant.

Inquire at [hello@tanbalance.com](mailto:hello@tanbalance.com)

CEUs are eligible in Canada, Australia and the UK. We currently do not offer NCCAOM or CA CEUs (USA). If there is sufficient demand, this may be provided. If so, those students would have to pay a surcharge of ~\$1,300 CAD per person, per mentorship. For other countries, please inquire.

About  
Tan Academy  
of Balance



INSPIRING CONFIDENCE  
CREATING BALANCE  
MOTIVATING EVOLUTION

Based on a long lineage of ancient, authentic teachings, the Tan Academy of Balance Inc is passionate about education in the Three Essences of Balance: Astrology, Feng Shui and Classical Chinese medicine.

The Acupuncture focus is Channel Theory, particularly Balance Method, a highly specialized area of Acupuncture known for its instant and efficient results.

Offering small cohort mentorships with lectures, demonstrations, and hands-on practical training to enhance patient outcomes and elevate practitioner results in the Three Essences of Balance.

Learn more at  
[www.tanbalance.com](http://www.tanbalance.com)



## **Balance System Acupuncture Practitioner (BSA) Certificate Mentorship Program**

Based on a long lineage of ancient, authentic teachings of Classical Chinese medicine and applied channel theory, the BSA program brings acupuncture to life, including all advanced levels of Balance Acupuncture (3-9) and Grand Rounds classes of cases, adjunct topics, and guest lecturers. This 75+ hour program dives deep in exploring the advanced Balance Acupuncture strategies to effectively deliver more immediate, lasting results. The program takes the content of the Balance Method as taught by Dr. Richard Teh-fu Tan to Dr. Sonia F. Tan, and incorporates her experience as an academic teacher and clinician of the Balance Method. Evolved methods of teaching as well as hands-on demos, case work, feedback mechanisms, adjunct topics and multiple case studies are incorporated into the learning.

Guest speakers and Teaching Assistants are part of the faculty to enhance learning for the grand rounds weekends. Moreover, students will have increased confidence in their competency, with their learning applied in a feedback and testing environment. This program goes beyond a normal continuing education unit course to further deepen your understanding and application, generating confidence!

### **FORMAT & DETAILS:**

- Hybrid delivery: live online (no recordings) or in-person attendance for Advanced Levels 3-7. \*Mandatory in-person attendance is ONLY for Level 8: Cases, Review, and Practicum.
- Most levels taught over 1.5 days – Saturday and Sunday. Typically 7 hours + lunch on Saturday and 4 hours on Sunday. Sunday is focused on grand rounds with the lead instructor. Level 3 is 2.5 days (Friday to Sunday).
- Team taught with guest speakers, offering diverse experience and support.
- Feedback via assignments, testing and study labs that support confidence and competency, with time between levels for practice and study.
- 10 month program including prerequisites.
- Total program hours: 75, 7 months, CEU eligible. (No NCCAOM or California eligibility at this time). Additional learning hours include the study labs between levels.
- Tuition \$3,600 + tax CAD. Payment plans available: Early Bird (10% discount), and Pay-as-You-Go (PaYG).

### **REQUIRED PREREQUISITES:**

- Minimum 250-hour acupuncture program and legally able to practice acupuncture to ensure basic foundations (channel pathways, acupuncture point locations, general functions of channels and acupoints, special category acupoints, etc.)
- BSA Foundations Level 1 + Level 2 OR equivalent course completion
- BSA Equivalency Exams (Aug 25, 2024)



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### **RECOMMENDED PREREQUISITES:**

- BSA Foundations Practical or Practical Refresher Course

### **Cohort 5 CURRICULUM & PROGRAM DATES:**

- Level 3 – CHANNEL CONVERSION (Sept 13-15/24); Study Lab Sept 29/24; Exam (Oct 6/24)
- Level 4 – TWELVE MERIDIAN SYSTEM (Oct 19-20/24); Study Lab Oct 28/24; Exam (Nov 3/24)
- Level 5 – FIVE PHASES SYSTEM (Nov 16-17/24); Study Lab Nov 25/24; Exam (Dec 1/24)
- Level 6 – BALANCE IN THE SEASONS (Jan 11-12/25); Study Lab Jan 19/24; Exam (Jan 26/25)
- Level 7 – COMBINATIONS AND CASES (Feb 8-9/25); No Study Lab, No Exam.
- Level 8 – CASES, REVIEW, AND PRACTICUM (Mar 8-9/25) → \*In-person attendance mandatory\*; No Study Lab, No Exam.
- Level 9 – FINAL EXAM (Mar 30/25); \*Required Study Lab Mar 23/25\*; \*Required review of final Apr 14/25\*
- Celebration day – Apr 26/25

For more information on each of the levels, and training/certification [here](#).



## Eight Extraordinary Vessels & Channels (8EVC) In-Person Mentorship with Dr. Yvonne Farrell, DAOM, LAc

This 144-hour mentorship is designed to offer participants an understanding of how each aspect of the channel system can be used to help patients overcome psycho-emotional pain and suffering. Dive deep into the pathophysiology, mental, emotional, and spiritual aspects of the Eight Extraordinary Vessels & Extra Channels in this in-person only, unique learning experience. With over 3 times the amount of content compared to Dr. Farrell's online mentorships, experience the added benefit of a supportive, live learning experience, with hands-on clinic time and a community of like-minded cohorts.

Participants will experience a deeper perspective on the Sinew channels, Luo-collaterals, Primary channels and Divergent meridians as avenues for self-preservation through the creation of latency. The study of the archetypal nature of the 8 extras will provide context for the impact of constitution, personality and curriculum on psycho-emotional disorders. Participants deepen their capacity to create therapeutic relationships, develop compassionate detachment and establish healthy and appropriate boundaries.

### FORMAT & DETAILS:

- In-person delivery only (Vancouver, BC).
- Each module over 3 days: 2 days didactic (held in person in classroom), 1 day clinical/practical (held at Red Tree Wellness Inc. in Vancouver, Canada).
- Min 6, Max 8 people. License to practice acupuncture required.
- Total program hours: 144, 1.5 years total, CEU eligible. 1 hour Study Labs are also available between Modules.
- Tuition \$5,750 + tax CAD - Payment plans available: Early Bird (10% discount), and Pay-as-You-Go (PaYG).

### (Current) Cohort 1 CURRICULUM & PROGRAM DATES:

- Module 4 - DIVERGENTS (Jan 26-28/24)
- Module 5 - EVC: 4 SEAS (Apr 26-28/24)
- Module 6 - EVC: 4 TRANSPORTERS (Jul 26-28/24)
- Celebration Day - Apr 19/25

### CURRICULUM & Cohort 2 PROGRAM DATES:

- Module 1 - SINEWS (Oct 4-6/24)
- Module 2 - LUOS (Jan 17-19/25)
- Module 3 - EARTH SCHOOL+PRIMARY CHANNELS (Apr 25-27/25)
- Module 4 - DIVERGENTS (Jul 25-27/25)
- Module 5 - EVC: 4 SEAS (Oct 24-26/25)
- Module 6 - EVC: 4 TRANSPORTERS (Jan 23-25/26)
- 1 hour group Study Labs are also available between Modules, dates TBD.
- Celebration Day - Apr 25/26



## Certified Astrology Consultant (CAC) Mentorship with Dr. Sonia F. Tan, DAOM, RAC, RTCMP

Put on a new lens of empowerment and life-long lens of understanding people and life trajectories. Understand constitutional energy and life balance at a whole new level. Make sense of the cycles of the Chinese solar, lunar calendar, constitutional energy, and how to live in harmony with it. Understand Ba Zi / Four Pillars of Destiny and Zi Wei Dou Shu styles while developing deeper insight of the Gan Zhi and the Five Phases. Analyze and formulate ways to incorporate recommendations, strategies and life balance.

This 100+ hour certificate program spans 3 years, providing feedback mechanisms for one's proficiency via assignments and tests. Learn how to manage the karmic energy of a client's constitution, with proven competency and mindfulness in how to treat this knowledge. This method of teaching is how Dr. Sonia F. Tan has chosen to ensure the highest integrity for everyone in practice.

### FORMAT & DETAILS:

- Hybrid online and in-person delivery.
- Most levels over 2 days, 12-14 CEUs per Saturday and Sunday. Spans 2.5 years.
- Total program hours: 100+ CEUs. Additional learning hours involve 1-hour Study Labs between levels.
- Feedback via supportive assignments and tests.
- Maximum 8 students.
- Tuition \$6,900 + GST CAD - Payment plans available: Early Bird (10% discount), and Pay-as-You-Go (PaYG).
- 3-year commitment involving competency assessments including assignments, case presentations, and testing.

### REQUIRED PREQUISITES:

- Completion of Introduction to Chinese Astrology webinar (Net of Knowledge)
- Written Application (Dates available + deadline TBD).



## Certified Astrology Consultant (CAC) Mentorship with Dr. Sonia F. Tan, DAOM, RAc, RTCMP

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### (Current) Cohort 1 CURRICULUM & PROGRAM DATES:

- Level 4 – STARS (Jun 15-16/24)
- Level 5 – DEPTH (Oct 26-27/24)
- Level 6 – INTEGRATE (Dec 7/24 + Feb 23/25)
- Level 7 – ANCHOR (June 14/25)
- FINAL EXAM – Aug or Sept/25
- + Monthly 1-hour Study Labs between levels.
- Celebration Day - Apr 2026 (TBD)

### Cohort 2 CURRICULUM & PROGRAM DATES - TBD:

- Level 1 – CONSTRUCTION
- Level 2 – DYNAMICS
- Level 3 – DIVE
- Level 4 – STARS
- Level 5 – DEPTH
- Level 6 – INTEGRATE
- Level 7 – ANCHOR
- + Monthly 1-hour Study Labs between levels.
- Final Exam
- Celebration Day



## Payment Plans Available

Early-Bird (10% Discount) PaYG (Pay-as-You-Go, due 2 weeks prior)



DR. SONIA F. TAN™

## Tan Academy of Balance Inc - Policies

*\*All mentorships require written applications\**

**COMMUNICATION POLICY:** Every mentorship student is required to download the Tan Balance Hub and use this to communicate with both their cohort and their teaching team. This is available on both Apple and Android phones and can also be used on a Browser (limited functions). This app is used as our main communication tool for the mentorship and their Cohort. We will provide a coupon for the student's first year to be 90% off the annual cost. Subsequent years are \$9.99 USD annually, and includes one practice listing, access to member-only Learning Lab videos, the teaching team and to a like-minded community beyond their program!

**ATTENDANCE POLICY:** For all programs, students must attend 80% of each level/module taught. See program-specific syllabus for details. Sessions will *not* be recorded as participating in the energetic exchange and transmission of information from teacher to student is an intended purpose and invaluable. Teaching and learning live and present enhances this and provides the best experience out of a teacher-student exchange.

**MISSED TEST POLICY:** If a student is unable to make a scheduled test due to reasonable cause, upon approval from the instructor, the student may write on an alternate test date. The student must then arrange the alternate date with the Program Administration, and pay a fee of \$175.00 CAD.

**REGISTRATION:** Following the acceptance of a written application and interview, for most programs, a student can secure their spot by paying a non-refundable deposit. This deposit goes toward their tuition. Inquire with the Registrar for your specific program requirement.

**WITHDRAWAL POLICY:** For mentorship withdrawals submitted in writing 30 days or more before the start of the course, registrants will receive a full tuition refund less the \$300 non-refundable registration fee and a \$100 admin fee. For withdrawals submitted in writing or in person more than 14 days but less than 30 days before the start of the course, registrants will receive a 50% tuition refund, less the \$300 non-refundable registration fee and a \$100 admin fee. Without exception, no refunds will be given for withdrawals less than 14 days before the start of the mentorship, and after the mentorship begins.

For more program information see [www.tanbalance.com](http://www.tanbalance.com),  
contact [hello@tanbalance.com](mailto:hello@tanbalance.com), and [subscribe](#) to our newsletter.

Updated September 2024



## Payment Plans Available

Early-Bird (10% Discount) PaYG (Pay-as-You-Go, due 2 weeks prior)



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## Tan Academy of Balance Inc - Policies

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**PAY-AS-YOU-GO POLICY (PayG):** This policy outlines the payment structure for students enrolled in our program, ensuring that all fees are paid on time to maintain enrollment and access to program resources. This policy aims to ensure a fair and consistent approach to payment, helping to maintain the quality and sustainability of our program. Thank you for your cooperation!

**Policy Statement:** Students who opt for the pay-as-you-go payment plan are required to adhere to the following terms:

### **Payment Schedule:**

- Payment is due before each program module, as outlined in the academic module.
- Payment reminders will be sent [insert timeframe, e.g., one week before the due date].

### **Consequences of Late Payment:**

- **Late Payment Fee:** A late fee of [insert amount] will be applied to any payment not received by the due date.
- **Enrollment Status:** Failure to make payments on time may result in:
  - Temporary suspension from the program.
  - Inability to access program resources or participate in classes.
  - Potential dismissal from the program if payment is not made prior to the start of the applicable module.

**Payment Methods:** Payments can be made via bank transfer or our secure invoice link which accepts most credit cards.

**Acknowledgment:** By opting for pay-as-you-go, students acknowledge their understanding of and agree to this pay-as-you-go policy.

**Contact Information:** For questions or assistance regarding payments, please contact [insert contact information].

**Review:** This policy will be reviewed annually and may be updated as necessary.

For more program information see [www.tanbalance.com](http://www.tanbalance.com),  
contact [hello@tanbalance.com](mailto:hello@tanbalance.com), and [subscribe](#) to our newsletter.

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