

Tan Academy of Balance Inc - BSA Certificate Mentorship program

Outline & Schedule 2024-5 (Cohort 5)

Applications open June 1, 2024. Early applications due June 21. Regular application due July 31. Updated Sep 2024

With Dr. Sonia F. Tan, DAOM, R.Ac., R.TCM.P. & the Tan Academy of Balance Certified BSA Teachers instructional team

For any updates visit <https://tanbalance.com/teaching-schedule/>

BALANCE SYSTEM ACUPUNCTURE (BSA) CERTIFICATE MENTORSHIP (75 hours) PROGRAM FEE: \$3,600



TAN ACADEMY
OF BALANCE

10% off with early bird registration*. Pay As You Go plan available.

Includes pre-scheduled exam fees. Prerequisites for program entry are below.

Hybrid instructional delivery and attendance available for most levels.

Based on a long lineage of ancient, authentic teachings of Classical Chinese medicine and applied channel theory, the BSA program brings acupuncture to life, including all advanced levels of Balance Acupuncture (3-9) and grand rounds classes that include cases, adjunct topics, and guest lecturers. The program dives deep into the exploration of advanced Balance Acupuncture strategies to effectively deliver more immediate, lasting results. The program builds on the content of the Balance Method as taught by Dr. Richard Teh-fu Tan to Dr. Sonia F. Tan, and incorporates her experience as an academic teacher and clinician applying the Balance Method. Evolved teaching methods plus hands-on demos, case work, feedback mechanisms, adjunct topics and multiple case studies are incorporated into the course.

Guest speakers and teaching assistants are part of the faculty to enhance learning during Grand Rounds. Students will gain increased confidence in their competency through applied learning in a feedback and testing environment. This program goes beyond a typical continuing education course to deepen your understanding and application of acupuncture

CERTIFICATE PROGRAM LEVELS & PREREQUISITES	HOURS OF STUDY	SCHEDULE
<p>BSA LEVEL 3 - Channel Conversion BSAP103</p> <p>PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent+</p> <p>~Online attendance available.</p>	<p>TOTAL HOURS: 15</p> <ul style="list-style-type: none"> Lecture: 10 hrs (2 days x 5 hrs/day) Clinical: 4 hrs Optional Study Lab: 1 hr Exam: 1 hr 	<p>2024: Sep 13, 14, 15 and Oct 6</p> <p>LECTURE: Fri + Sat, Sep 13+14 9:00 am - 3:00 pm (incl 1 hr lunch)</p> <p>GRAND ROUNDS: Sun, Sep 15 9:00 am - 1:00 pm</p> <p>Optional Study Lab (online): Sun, Sep 29, 9:00 - 11:00 am</p> <p>EXAM (online): Sun, Oct 6 9:00 - 11:00 am</p>
<p>BSA LEVEL 4 - The Twelve Meridian System BSAP104</p> <p>PRE-REQUISITE: Single & Multiple Systems (BSA 1 & 2) or equivalent+</p> <p>~Online attendance available.</p>	<p>TOTAL HOURS: 12</p> <ul style="list-style-type: none"> Lecture: 7 hrs Clinical: 4 hrs + case assignment Optional Study Lab: 1 hr Exam: 1 hr 	<p>2024: Oct 19, 20 and Nov 3</p> <p>LECTURE: Sat, Oct 19 9:00 am - 5:00 pm (incl 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Oct 20 9:00 am - 1:00 pm</p> <p>Optional Study Lab (online): Mon, Oct 28, 9:00 - 11:00 am</p> <p>EXAM (online): Sun, Nov 3 9:00 - 11:00 am</p>

*Early Bird payment due August 15/24

^May be taken as a refresher with permission.

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<p>BSA LEVEL 5 - The Five Phases System BSAP105</p> <p>PRE-REQUISITE: Single, Multiple Systems & Channel Conversion (BSA 1, 2, 3)</p> <p><i>~Online attendance available.</i></p>	<p>TOTAL HOURS: 12</p> <ul style="list-style-type: none"> Lecture: 7 hrs Clinical: 4 hrs + case assignment Optional Study Lab: 1 hr Exam: 1 hr 	<p>2024: Nov 16, 17 and Dec 1</p> <p>LECTURE: Sat, Nov 16 9:00am - 5:00pm (incl 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Nov 17 9:00 am - 1:00 pm</p> <p>Optional Study Lab (online): Mon, Nov 25, 9:00-11:00 am</p> <p>EXAM (online): Sun, Dec 1 9:00 - 11:00am</p>
<p>BSA LEVEL 6 - Balance in the Seasons BSAP106</p> <p>PRE-REQUISITE: Single, Multiple Systems & Channel-Conversion (BSA 1, 2, 3)</p> <p><i>~Online attendance available.</i></p>	<p>TOTAL HOURS: 12</p> <ul style="list-style-type: none"> Lecture: 7 hrs Clinical: 4 hrs + case assignment Optional Study Lab: 1 hr Exam: 1 hr 	<p>2025: Jan 11, 12 and Jan 26</p> <p>LECTURE: Sat, Jan 11 9:00 am - 5:00 pm (incl 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Jan 12 9:00 am - 1:00 pm</p> <p>Optional Study Lab (online): Sun, Jan 19, 9:00 - 11:00 am</p> <p>EXAM (online): Sun, Jan 26 9:00 - 11:00 am</p>
<p>BSA LEVEL 7 - Combinations and Cases BSAP107</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6</p> <p><i>~Online attendance available.</i></p>	<p>TOTAL HOURS: 11</p> <ul style="list-style-type: none"> Lecture: 7 hrs Clinical: 4hrs + case assignment NO Study Lab NO Exam 	<p>2025: Feb 8, 9</p> <p>LECTURE: Sat, Feb 8 9:00 am - 5:00 pm (incl 1hr lunch)</p> <p>GRAND ROUNDS: Sun, Feb 9 9:00 am - 1:00 pm</p>
<p>BSA LEVEL 8 - Cases, Review and Practicum BSAP108</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7</p> <p>All students MUST attend in person</p>	<p>TOTAL HOURS: 9</p> <ul style="list-style-type: none"> Didactic + Clinical Evaluation: 4 hrs Practical Evaluation: 5 hrs Exam: NO written exam. Practical evaluation only. 	<p>2025: Mar 8, 9</p> <p>LECTURE + PRACTICUM: Sat, Mar 8 9:00 am - 3:00 pm (incl 1hr lunch)</p> <p>GRAND ROUNDS + PRACTICAL EVALUATIONS: Sun, Mar 9 9:00 am - 1:00 pm</p>
<p>BSA LEVEL 9 - FINAL EXAM BSAP109</p> <p>PRE-REQUISITE: BSA 1, 2, 3, 4, 5, 6, 7, 8</p> <p><i>~Online attendance.</i></p>	<p>TOTAL HOURS: 4</p> <ul style="list-style-type: none"> REQUIRED Study Lab: 1hr Clinical: 0 Exam: 3 hrs REQUIRED REVIEW OF FINAL: 0.5 hr individual session 	<p>2025: Mar 30</p> <p>FINAL EXIT EXAM: Sun, Mar 30 9:00 am - 12:00 pm</p> <p>REQUIRED Study Lab: Sun, Mar 23, 9:00 - 11:00 am</p> <p>REQUIRED REVIEW OF FINAL: Mon, Apr 14 – individual 30-minute session</p>

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<p>COMPLETION CELEBRATION</p> <p>To qualify for a certificate, students must successfully complete of BSA levels 3 to 8, Level 9 final exam and <u>all practicum and grand round clinical hours.</u></p>	<p>TOTAL CERTIFICATE HOURS: 75*</p> <ul style="list-style-type: none"> • 43 lecture hours • 24 clinical hours • 1 lab hour • 7 exam hours 	<p>2025: Tentative Sat, Apr 26</p> <p>Graduating class celebration.</p> <p>In-person attendance recommended with guest speakers, CEUs and Official Certificate awarded.</p> <p>Hybrid option available.</p>
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CERTIFICATE PROGRAM PREREQUISITES

REQUIRED:

Completion of BSA (Balance System Acupuncture) Foundations OR an equivalent course, plus the BSA Foundations equivalency exam

1) BSA FOUNDATIONS: Levels 1+2 Single & Multiple Systems BSAP1100 (or equivalent)

This 21-hour course (or equivalent) is a required prerequisite for entry into the BSA Certificate Program.

This course provides the knowledge and skills of the basic Foundations of Balance System Acupuncture (BSA), including Level 1: Single System Balance and Level 2: Multiple/Global System Balance. Course includes hands-on practical work and must be attended in person. Dates/fees shown below.

Eligibility/entry requirement: All health care professionals who have completed a minimum 250 hours accredited acupuncture program and who are legally permitted/licensed to practice acupuncture in their jurisdiction.

2) BSA Foundations EQUIVALENCY EXAMS (Level 1 & 2)

All students, including those who have taken BSA Level 1 and Level 2, must pass the equivalency exam for entry into the Certificate Program. Dates/fees shown below.

3) BSA PROGRAM APPLICATION

We endeavor to curate a Cohort in conjunction with our space limitation. Applications of each student are required by the deadline for entry into the Certificate Program. Dates are outlined below under the Application & Registration section.

SCHEDULE OF PREREQUISITE AND EQUIVALENCY COURSES

View registration options at www.TanBalance.com or email hello@tanbalance.com

<p>BSA Foundations: Levels 1+2 Single & Multiple Systems BSAP100</p> <p>LIVE, IN PERSON ATTENDANCE ONLY NO RECORDING</p> <p>PRE-REQUISITES: Health care providers who have completed a minimum 250 hrs accredited Acupuncture Program and are legally permitted/licensed to practice acupuncture in their jurisdiction.</p>	<p>Dates and Times:</p> <p>Fri, May 31; Sat, June 1; Sun, June 2, 2024</p> <p>9:00 am - 5:30 pm each day (incl 1hr lunch)</p> <p>Vancouver, BC, Canada</p> <p>TOTAL HOURS: 21</p>	<p>Course Fee: \$898</p> <p>Early Bird: \$748</p>
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<p>BSA Level 1 Equivalency Exam BSAP101</p> <p>PRE-REQUISITE: BSA Level 1 Single Systems or equivalent</p>	<p>Dates and Times: Sun 9:00am Sun Feb 18/24 OR Sun Aug 25/24</p> <p>1.5hrs ~Online</p>	<p>Exam Fee:</p> <p>\$300 for both exams</p> <p>TOTAL HOURS: 1.5hrs per exam with a 30 min break between exams.</p>
<p>BSA Level 2 Equivalency Exam BSAP102</p> <p>PRE-REQUISITE: BSA Level 2 Multiple Systems or equivalent</p>	<p>Dates and Times: Sun 11:00am Sun Feb 18/24 OR Sun Aug 25/24</p> <p>1.5hrs ~Online</p>	

+Equivalency options (for Single Systems Level 1 and Multiple Systems Level 2):

1. Completion of previous Langara College BSAP1101 and BSAP1102 including exams and practical evaluation, OR
2. Completion of a live in-person BSA Foundations course offered by the Tan Academy of Balance Inc or other institution*, **plus** BSA Level 1 and Level 2 equivalency exams (see dates on previous page), OR
3. Completion of Tan Academy of Balance online webinar Level 1 & 2 * via www.NetofKnowledge.com, **plus** BSA Level 1 and Level 2 equivalency exams (see dates on previous page).

Note: All equivalency options must include approved practice work.

* Students who have completed an approved program who wish to complete the equivalency exam and practical for credit, must email hello@tanbalance.com for entry approval. Visit www.TanBalance.com for other live BSA Foundations offerings.

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Updated May 2024

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APPLICATION & REGISTRATION

- June 1, 2024: Applications open
- June 21, 2024: Early bird application deadline
- July 31, 2024: Regular application deadline

If your application is approved the TAB admin team will provide instructions for registration and paying your deposit.

ATTENDANCE

- The schedule includes hybrid attendance (in class or online) options unless indicated. Some portions of the program must be attended in person. Please see the schedule above for each module to ensure you understand in-person attendance requirements. Classes are NOT recorded.
- Students must complete practical hours in a clinical setting. They must be available for an in-person practical evaluation session to be eligible to pass the practical portion of the program. If a student is unable to travel to attend the scheduled in-person practical evaluation session, the student must make alternate arrangements with the instructor (additional fees apply).
- Note: Attendance options may be modified in order to meet the requirements for certification. For example, courses may be held online, or course hours may be adjusted to accommodate supervised practical work to ensure student competencies and performance indicators are met.

HISTORY OF BALANCE SYSTEM ACUPUNCTURE

First discovered by Dr. Chao Chen in the classic Chinese medicine texts from over 2,000 years ago. Dr. Chao Chen published a book on this method and began to teach it in the 1970's. Refined by Dr. Richard Tehfu Tan into a systematic and logical approach, "The Balance Method," as it is originally known, became popular under his guidance, experience, and further development. Balance System Acupuncture is based on Dr. Sonia Tan's deeper and more refined way of using Channel Theory-based acupuncture. Dr. Sonia Tan, a certified Gold level practitioner of Dr. Richard Tan and one of his senior students, received Dr. Richard Tan's blessing to continue this legacy and style of acupuncture, with her added improvements to the method that are grounded in her clinical and teaching experience. For further information please visit www.TanBalance.com.

PROGRAM HIGHLIGHTS:

- Hybrid learning options: students may choose live online (no recordings) or in-person attendance for Levels 3-7. ***ONLY mandatory in-person attendance is for Level 8: Cases, Review, and Practicum**
- Two-day (Saturday + Sunday) weekend format for most modules. Typical hours are: seven hours on Saturday (9:00 am - 5:30 pm including one hour lunch; four hours on Sunday (9:00 am - 1:00 pm) focused on Grand Rounds via the lead instructor video conference.
- Team taught with guest speakers, offering diverse experience and support.
- Feedback via assignments, testing and labs that support confidence and competency, with time between Levels for practice and study. Minimum passing grade is 70% for each level.
- 10 month program including prerequisites.
- Eligible for 75 CEU hours. (NO NCCAOM or California eligibility at this time).
- Entry: completion of a min 250-hour acupuncture program and legally able to practice acupuncture in your jurisdiction to ensure all students have a basic foundation in acupuncture. (e.g. understand channel pathway flow, location of acupuncture points,

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(general functions of channels and acupoints, special category acupoints, etc.)

Questions: hello@tanbalance.com; swilliams@tanbalance.com

PROGRAM WITHDRAWAL POLICY:

- For withdrawals submitted in writing 30 days or more before the start of the course, registrants will receive a refund for any tuition paid less the \$300 non-refundable registration fee and a \$100 admin fee.
- For withdrawals submitted in writing or in person more than 14 days but less than 30 days before the start of the course, registrants will receive a refund for 50% of tuition paid, less the \$300 non-refundable registration fee and a \$100 admin fee.
- Without exception, no refunds will be given for withdrawal requests received less than 14 days before the start of the mentorship, or after the mentorship begins.

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